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Vegetables



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Synopsis

A board book for babies, full of wholesome, hearty goodness. Market-fresh vegetables sumptuous to the eye, named in playful rhyme that’s delightful to the ears. This rhythmic nourishment will set baby on the right path to eating healthy food for years to come. Beautiful, colorful, cut-paper style images of vegetables from broccoli to zucchini are presented in a rhythmic sequence: Celery-rhubarb-cucumber-bean / potato-tomato-yellow and green; making vegetables not only the subject for a sound body but for a sound mind.

Book Information

Age Range: Baby and up

Board book: 32 pages

Publisher: Sara Anderson Children’s Books; Brdbk edition (December 1, 2008)

Language: English

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Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 12 customer reviews

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Customer Reviews

Sara Anderson is an award-winning children’s book author and illustrator who comes from a well-traveled world of eccentricity and sensual beauty. Her many and varied stories are told from her experience of fall in the Northeast, of the Deep South’s swamplands and bayous, of the streets of Manhattan, of the farmers’ markets of the West Coast, and of blissful days of swimming in tropical oceans. Her books reflect years of paying attention to and finding delight in the exotic and the everyday. Through a long career of design, product development, and now storytelling, she pursues the marriage of art and industry with an enthusiasm and vigor that resonate with all who are alive and curious. Her design work has been featured in the retail world of Takashimaya; The Museum of Modern Art, New York; Crate & Barrel; Sur la Table; and Target Corp. Sara has supported UNICEF with her work for more than 25 years and is now working on The Literacy Project, furthering her deep belief that the quality of literature provided to children will shape our world to come.

I first got this book as a shower gift before my son was born, and with no baby experience, I thought it was kind of meh. The pictures were colorful, but it just had a veggie and its name on each page. The pictures aren't photorealistic, but simplified in line and color scheme, on a backdrop of contrasting color. When my son was still very little I began reading him books, and I soon learned the genius of this book for the littlest babies. The large pictures and simple color schemes make it simple and eye-catching for them, and when you're reading the book aloud, the veggie names form a rhyme. My son LOVED the book from a very early age. I don't remember exactly, but definitely by 4-5 months, he would be spellbound by certain pages. It is much better at those very early ages than books with a story and more detailed pictures. Even now at 16 months, he still enjoys the book (and it has withstood his abuse). I am a big fan too because it makes vegetables more exciting. When we are in the produce section of the grocery store or at home when I am preparing food, I show him the veggies from the book. I made a point of also getting the same author's "Fruit" book, which pretty much works the same idea, and I now get this book as part of my baby shower presents!

OK, I admit that we got this and its counterpart,Ã Â Fruit, because we wanted our child to be predisposed to healthy food. Besides allaying your anxieties about obesity, this is also a beautiful book that's particularly good for babies and young toddlers. Putting only one picture or concept per page means you can focus your baby's attention and be sure that she is matching her gaze to your reading.My son loved the vivid colors and contrast. As an adult, I appreciated the art style and masterful use of paint to capture the feel and texture of the vegetable even while remaining stylized.Some of the very bold background colors make it hard to read the black text, though. Take off a point for that, and you still have an easy-to-recommend buy.

Beautifully illustrated board book to introduce your kiddos to the vegetables (you hope) they will one day eat. This was an instant favorite in our house and the simple rhyme the comes through while reading is perfect for your little one to eventually be able to recite the book on their own. We started reading this one at 4 months and at 16 months, it's still a favorite. We have both "Vegetables" and "Fruits" and we love love love them both.

My favorite beginner produce book. I want to teach my children healthy eating so this was a must to own. Make sure to get Anderson's Fruit book too. The colors are a dream and fun style of illustrations.

Both of my kids - 2 & 4 years, respectively - love this book. The rhyme that builds as you read is engaging, and the pictures are bright and accurate. A great choice for reading with your young child, as well as supporting a varied healthy diet or dramatic cooking play.

My 2yr old loves this book. Can’t put it down. I always encourage my kid to read and this is a good book to start with.

Not as cute as Fruit, but still pretty darn good. :)

I bought this for my wife and daughter, but I read it to my daughter the other day (she’s only 6 mos. old) and she was entertained. I thought is was pretty clever, but obviously it’s a board book so there’s not much going on here. My daughter also liked the way it tasted.

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